

Young at Heart Newsletter

May 2024

Young at Heart is a ministry for seniors who gather monthly to provide spiritual growth, fellowship, recreation, and support for each other.



The Beauty of Spring Dinner



Congratulations, we have made it through another year of nine potluck meals with dishes that have been out of this world, and nine interesting entertainments. Our potlucks have been more adventurous and successful than I would have ever thought possible. The accompaniments have been beautiful, intriguing, tempting, and highly caloric, appealing to the eyes of everyone who passes by these delicacies: lettuces galore, vegetables mixed with either cheese or nuts, coffee cakes filled with anything soft and sticky, abundantly colorful beans, pies loaded with either fruit or creams, decadent chocolate everywhere, and whipped cream without end!!!! How will you be able to last three months without having a choice to select something to eat from all of that exciting and delicious food!!

Our last dinner of this season is **Thursday, May 16**, beginning at **6:00 P.M.** The theme of that dinner is **The Beauty of Spring**. The main course for the May dinner is pork loin, so plan the dishes you will bring accordingly. Our entertainment for the evening will be the **YoungHeart Dance Band**, a three-member band that loves when their audiences kick up their heels to the sound of the country music they will play. They'll fill the John XXIII hall with all types of country western music, and I know that those of you who listen to that music will be singing your hearts out with them through every song they select. Please remember to wear cowboy boots, western shirts, bolo ties, jeans, and Stetson hats. Diane (Deejay) Johnson will demonstrate the footwork for some of the songs, and anyone else who frequents places where that type of music is sung, please get out of your seats and demonstrate your experience with some dance moves. I'm sure you will all have a great evening of fun, dancing, and singing.

I will not be there that night because I have decided to move permanently to Tennessee to live in the shadows of the Great Smoky Mountains. My daughter, son-in-law, and three grandchildren live about 20 minutes away from where I purchased my house, so I will be able to enjoy life with all of them. I am sad to leave you all as I have made so many good friends. I will always treasure the good times that we spent together; just know that I did try my best to always bring you relevant information and entertainment that pleased you, as well as create memories that are still enjoyable to recall. My best to all of you, today, tomorrow, and always!

Sadly, Carol Lochner

The Board Sez

We send heartfelt gratitude and appreciation to Carol for her many, many years of dedicated service to YAH. We wish you much love and success in your new life's adventures. We welcome Peg Stewart and thank her for taking over Carol's position.

Our YAH summer picnic, normally scheduled for Sunday, August 18, will not happen this year. Spirit of Christ is having our 50th Anniversary parish picnic then. See you there.

Hold onto this newsletter for the summer! Our next edition won't be out until August. Keep it handy for important dates and times until then.



Judy and Steve Helser



Judy Matthews 303-489-1469

YAH Cards & Games will be on **Thursday, May 23 at Noon** in the **John XXIII room**. The main lunch item will be provided. Guests should bring a dish of their choice to share and \$1 for prize money. Hope to see you all in May.



Dorothy Baca 303-921-4135

If you have a change of address or phone number, Please call me and leave a message.



Aggie Holcomb 303-421-2700

Thinking of You_Card was sent to: Estefani Duncan

If you know of one of our members who is ill or has lost a loved one, please let Aggie know.



Helen Felski 720-936-8525

We will meet on **Monday, May 6, at 10 AM**. If you know of a member who is shut-in or sick and would like a monthly visit, please let me know. Come and learn more.



Lwana Elder 303-420-0195

Young at Heart Callers like to keep you informed of the meals. Your response to the call is necessary for planning purposes.

We can always use more callers. If you have any questions - please call me.

Happy Summer to All!
Thank you and God Bless!"



Mary Cessar 720-289-1954
Wanda Ford 303-421-9010

YAH welcomes everyone who attends the First Friday Mass, on May 3, to attend our monthly hot breakfast in the **John XXIII center after Mass**. Donations are appreciated.



Betsy Schuster 360-813-5143

The YAH Book Club will meet on **Tuesday, May 14th at 1 PM** in the Holy Family room. The book is **I Was Anastasia** by Ariel Lawhon. Lenin orders the secret police to force Anastasia with her entire Imperial family into a basement in Siberia, where they face a firing squad.



Barbara Bretz 303-424-5145

We will meet on **Tuesday, May 7, at 9:30 AM** in the **John XXIII Center** to make decorations for the Beauty of Spring Dinner. Please come and join us.



Marsha Edwards
620-874-0670
Grace Murray 303-425-1157

Thank You All for your continued participation and support. It has been a great year and it is our pleasure to provide activities. We are looking forward to the new YAH season starting in September.

"Noises Off" is on **May 5th** at **2 PM**, at the **Arvada Center**, for **\$36.00**. This is a comedy about the theatre. **The payment was due on April 2nd.**

Helen Contreras 303-424-2876

We are planning to meet during the summer months. The dates are Tuesday, May 21, June 18, July 23 and August 20.

Our homemade crafts are designed by an individual in the group and as a group, we put them together, while socializing and sharing snacks. We meet in the St. Francis room on Tuesday, beginning around 11:30. We pray at noon and begin our craft. We make on average 16-20 items for the "Caring Hearts" group. Their group gives these gifts to the homebound and nursing home residents, while they visit with them every month. We understand the gifts are well received and appreciated. Our group welcomes anyone who wants to join us in this wonderful ministry. The crafts are amazing, fun, and unique.

Erlinda Moscoso 303-422-2065




A bus will **not** go from SOC to Blackhawk to Gamble in May, June, July, and August. I will try to have a September trip though it will depend on bus scheduling and prices. Announcements will be in the church bulletin. I have a bus scheduled for New Year's Eve Day, so mark your calendar!





May 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 May Day	2 Board Meeting 10 AM Spirit Center West	3 1st Friday Breakfast 9:30 AM John XXIII Center	4 Kentucky Derby
5 Noises Off @ Arvada Center 2 PM	6 Caring Hearts 10 AM	7 Decorating Committee 9:30 AM John XXIII Center	8 Coconut Cream Pie Day!	9	10	11
12 	13	14 Book Club 1 PM Holy Family Room	15	16 The Beauty of Spring Dinner 6 PM John XXIII Center	17	18 
19	20	21 Crafts for a Cause Noon St. Francis Rm.	22	23 Cards and Games Noon John XXIII Center	24	25
26	27 	28	29 National Paper Clip Day	30	31 National Smile Day	

★HAPPY★ BIRTHDAY!

May

1 Audrey McNulty-Mangan
1 Bill Spies
1 Mary Lou Sydney
3 Diane Vert
3 Mike Contreras
3 Norma Russell-Gomes
3 Thelma Lucci
4 Ann Spurrier
5 Michael Hart
5 Myrna Audino
7 Isabella Garcia
8 Al Taylor
9 Kathy Robertson
9 Theresa Baker
11 Maxine Carlson
12 Irene Vigil
16 Karen Knoll-Moran
17 Charlotte York
17 Frank Donovan
18 Gregory Robertson
19 Vincent Nissen
20 Erlinda Moscoso
21 Arla Bartholomew
21 Blanca Hofer
21 Dennis Gomes
21 Terry McAninch
22 Bernie Pfannenstiel
22 Gloria R. Borjon
23 Del Stansbery
23 Ernie Compton
23 Kelly T. Rich
23 Vivian Kerns
24 Marge McQueen
25 Fran Anaya
25 Kathleen Falasco
25 Wanda J. Ford
27 Robert Butler-Wells
29 Domeniqua Wagner
29 Joyce Radcliffe
29 Marsha Edwards
29 Richard Trujillo

June

2 Becky Gallegos
2 Lonnie Silva
3 Bette Guinn
5 Patricia A. Abril
5 Judy Helser
6 Eileen Moriarty
8 Betsy Schuster
8 Sara Anderson
9 Bill Wolfe
10 Mary Stansbery
12 Cec Bretz
12 Trudy Averill
13 Art Silva
13 Loyola Booco
13 Margaret McAllister
13 Sandy Stone
14 Cindy Peterson
14 Dorothy Baca
16 Carmen Lira
16 Roberta Bryant
17 Peggy Kacka
18 Lou Gagliano
19 Chris Kotowski
19 Jose Martinez
19 Nora Jones
19 Ruth Walsh
19 Stephanie Schetrom
20 George Niquette
23 Liz Kaffer
24 Bob Jones
24 June Todd
25 Marsha Casey
25 Pat Nidey
26 Betty Arko
28 Ernie Anaya
30 Marilyn Hodapp



July

2 Teresa Nissen
5 Anne Rumley
5 Louise Jones
6 Margaret Walker
6 Mike Winter
9 Ann Brugh
9 Donna Flanagan
11 Anne Smith
11 Estefanie Duncan
11 Rose Delong
12 Gil Garcia
12 Helen Felski
14 Lutz Lerch
14 Marilyn Evertz
14 Sarah Cunningham
15 Irene Lewis
16 Dennis Bohan
17 Don Lodice
19 Marge Niquette
20 Janice Brisnehan
20 Tom Lyons
21 Dan Wolfe
21 JoAn Mallory
21 Mary Henderson
22 Theresa Moch
23 Mary Puhr
24 Leanne Pergola
25 Cheryl Ford
28 Cheryl Stouff
28 Joyce Olguin
29 Donna Burgard
29 Mary Kaiser
29 Olivia Sedillo



August

2 Steve Helser
3 Ernest C. Wakham
3 Joelle Strickler
3 Josephine Sanchez
3 Mary Cessar
6 Edie Oliver
8 Beverly Lilly
8 Dorothy Barr
8 Mary Field
8 Sadie Billings
9 Mitzi Schmidt
10 Lwana Elder
12 Carolyn Wolfe
12 Chuck McQueen
15 Bruce Guinn
17 Josephine J. Gomez
19 Rita Greene
20 Marie A. Worley
20 Timothy Kotsay
21 Anna Garcia
21 Karen Laughlin
23 Doris Thompson
23 Larry McAllister
24 Bonnie McAninch
26 Lavonne Shank
26 Ollie Graczyk
27 Joseph Centeno
27 Maria Carmosino
27 Marietta Bowlen
28 Betty Passarelli
28 Betty T. June
29 Barbara Williamson
29 Carole Webster
31 Judy Matthews
31 Ruth Zugar





Spirit of Christ Catholic Community
7400 W. 80th Ave. Arvada, Colorado 80003
303-422-9173 www.spiritofchrist.org

NON-PROFIT
U.S. POSTAGE
PAID
Presort Std. A
Permit No. 291
Arvada, Colorado