



SPY 1- At Home Learning Expectations and Study Guide Learn Concepts by January Meeting

1. Our Father
2. Hail Mary
3. Glory Be
4. Act of Contrition
5. 7 Sacraments (names only)
6. 10 commandments and The greatest commandment
7. Etiquette (dialogue) of confession.
8. Be able to discuss, "Who is Jesus and what does this mean for me?"
9. Be able to answer "What did Jesus accomplish in order to win for me the grace of reconciliation." In other words what is the paschal (i.e. the passion, death, and resurrection of Jesus) mystery?

Readiness Assessment Study Guide

1. Our Father

Our Father, Who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day **our** daily bread; and forgive us **our** trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen

2. Hail Mary

Hail Mary, full of grace. The Lord is with thee. Blessed art thou amongst women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death, Amen.

3. Glory Be

Glory Be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen

4. Act of Contrition

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior Jesus Christ suffered and died for us. In His name, My God, have mercy on me. Amen

5. The Seven Sacraments

Baptism
Eucharist
Confirmation
Reconciliation
Anointing of the sick
Marriage
Holy orders

6. The Ten Commandments

1. I am the LORD your God. You shall not have strange gods before Me
2. You shall not take the name of the Lord your God in vain.
3. Remember to keep holy the Lord's day.
4. Honor your father and your mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against your neighbor.
9. You shall not covet your neighbor's wife.
10. You shall not covet your neighbor's goods.

The Greatest Commandment: You shall love **the Lord your God** with all your heart and with all your soul and with all your mind. The second is like it: You shall love your neighbor as yourself.

7. Etiquette of Confession

Begin with the Sign of the Cross. Say: Bless me, Father, for I have sinned. It has been _____ since my last confession... (since this is your first confession you should say: "This is my first confession." Confess your sins. Listen for your penance. Say the Act of Contrition. Do your penance as soon as you possibly can.

8. Be able to discuss, "Who is Jesus and what does this mean for me?"

Jesus is the Son of God and the Savior of my soul.

9. Be able to answer, "What did Jesus do so my sins can be forgiven?"

He suffered, died and rose from the dead.