

Young at Heart is a ministry for seniors who gather monthly to provide spiritual growth, fellowship, recreation, and support to each other.

Thanksgiving Dinner

Peggy Stewart 303-882-5636

Our Thanksgiving gathering will be on **Thursday, November 21**, at **6 PM** in the **John XXIII Center**, with Happy Hour at 5:30 PM. Turkey, mashed potatoes, and gravy will be our main dish. Please bring a side dish (salad, vegetable, or dessert) to feed eight people and ready to be served.

We have a real treat for our entertainment (one even the pilgrims would have enjoyed!) The Dick Tracey Duo, (Chuck Fisher and Kristin Tracey) will be here for our musical enjoyment. They play a varied selection of songs going back many decades. Chuck's versatility with guitar and vocals is amazing. He has performed with many local celebrities, including Hazel Miller, and opened for national acts like The Four Tops and KC and the Sunshine Band in the past. He plays a variety of R&B, Classic Rock, Blues, and Jazz Fusion. Kristin is a vocalist and entertainer with a flair for wit and whimsy on stage. She started her singing career in California working with many notable acts such as Billy Ocean and Janet Jackson. She currently works solo and with the Dick Tracey Duo. We will surely reminisce with many of the tunes these two will play for us!



Thanks, everyone for their generous donations and much-appreciated help with cooking the turkeys! (from Marsha)

President - Marsha Edwards 620-874-0670

Vice President - Erlinda Moscoso - 303-422-2065

Secretary - Kathy Lutwack - 303-422-2128

Treasurer - Bonnie McAninch - 303-428-6422

The Board Sez

FYI:

This column will be used for a few months to introduce the Young At Heart Board members. Four or five committees will be listed monthly for your information so that you can get to know the groups within YAH and be moved to join one.

Book Club: On the second Tuesday of each month, Betsy Schuster leads our group and discusses the chosen book. She is assisted by Marsha Casey who gathers the information regarding book choices. If you are a reader, please join our interesting, informative, fun, and entertaining discussions.

Callers: Under the direction of Lwana Elder, she makes sure that we let YAH members know what is happening, especially getting the count for the dinners and luncheons. The 37 volunteer callers inform YAH members of the meals occurring each month. If calling and chatting with people appeals to you, call Lwana, and volunteer for this once-a-month calling activity.

Cards and Games: Meet on the fourth Thursday of the month to play pinochle, dominos, or any games you wish to play. Judy Matthews leads this group with a main dish provided and attendees bring a side dish. After eating, the games begin with the thirty to forty persons attending. This is an enjoyable way to pass a few hours and if interested show up to meet people and have fun!

Crafts for a Cause: A fun group who enjoy making crafty items that can be given to persons who are visited by Caring Hearts. Helen Contreras leads the group meeting once a month. Anyone in the group can suggest ideas for the group to create! You make friends and chat as you work. Volunteers are always welcome!

Which servant of God was the most flagrant lawbreaker in the Bible?

Moses. He broke all 10 commandments at once!

First Friday
Breakfast

Mary 720-289-1954
Wanda 303-421-9010

Breakfasts begin on Friday,
Nov. 1, after the 9 AM Mass in
the **John XXIII Center**. We serve
4 omelets w/various ingredients,
fruit, and pastries. **Donations are
appreciated.**



Judy Matthews 303-489-1469
We will **not meet** in November,
due to the the Traditional Day
taking over. Please come to YAH's
amazing Thanksgiving Dinner on
Thursday, November 21 for some
great dishes prepared by our
members.



Helen Contreras 303-424-2876

Our next meeting will be **Tuesday,
Nov. 19** in the **St Francis Room**
at **11:30 AM**. We pray at noon and
begin making crafts for "Caring
Hearts" to distribute to the
shut-ins and nursing home
residents. Hope to see you at our
next craft meeting.



Suzanne Barker 720-366-2231
We will meet on **Tuesday, Nov. 5,**
at **9:30 AM** in the **John XXIII
Center** to make decorations for
our Thanksgiving Dinner. Please
come and join us.



Marsha 620-874-0670
Grace 303-425-1157

Join us for -- The musical **Once
Upon A Mattress** on **Sunday,
Dec 15** at **2 PM** in the Arvada
Center for \$46.00. Payment due
11-12-2024. What does it take to
be a princess? Let's find out!
Contact Marsha or Grace for
tickets.



Betsy Schuster 360-813-5143

We will meet on **Tuesday,
Nov. 12th** at **1:00 PM** in the **Holy
Family room**.

The book is The Last Ranger by
Peter Heller. It is the portrait of the
American West where human
impulses for greed, love, family,
and community play out amid the
stunning beauty of the natural
world.



Helen Felski 720-936-8525

Our next meeting will be on **Monday,
Nov. 4, at 10 AM**. If you know a
member, who is shut-in or sick and
would like a monthly visit, please let
Helen know. We would like new
people to join us with the visits.



Erlinda Moscoso 303-422-2065

Those interested in our trip to
Albuquerque, NM, (May 20 -24,
2025) \$100 deposit is due ASAP.
Price of \$800 covers round-trip
travel by bus, most meals,
lodging, attractions we will visit,
etc. Once your deposit is made,
your seat on the bus is
guaranteed. There will only be 32
seats available. The remainder of
\$700 will be due sometime in
March. Insurance is \$72 extra.
See flyers in the gathering space
for more information, check the
church bulletin or call Erlinda.



Lwana Elder 303-420-0195

Thanks to the callers for
informing us of upcoming meals!
Please promptly respond to their
calls OR voicemails. We need an
accurate count of those planning
to attend the events.



November 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 1st Friday Breakfast 9:30 AM John XXIII Center	2
3 Dracula 2 PM Black Box Theater Arvada Center	4 Caring Hearts 10 AM, Holy Family Room	5 Decorating Committee 9:30 AM John XXIII Center	6	7 Board Meeting 10 AM Holy Family Room	8	9
10	11	12 Book Club 1 PM Holy Family Room	13	14	15	16
17	18	19 Crafts for a Cause 12 PM St. Francis Room	20	21 Thanksgiving Dinner 6 PM John XXIII Center	22	23
24	25	26	27	28  Happy Thanksgiving	29	30

★ **HAPPY** ★
BIRTHDAY!

1 Nancy Flood
2 Dale Williams
2 Frank Cunningham
3 Anne Doran
5 Becky Diaz
6 D. Suzanne Fountain
7 Darlene Padilla

9 Cathy Nunemaker
10 Gary Elder
12 Cheryl Altepeter
13 Beverly Avis
13 Eddie Lyons
13 Ursula Stephens

14 James Schauf
17 Kathy Brown
19 Gerri Peters
20 L. Irene Green
21 Cathy McDowell
23 Beth Hedberg
23 Kathy Duffy

23 Margie Urba
24 DiAnn Schmidt
28 Janean Hart
28 Jerry Flammang
28 Mike Whitfield
29 Martha Gagliano



Spirit of Christ Catholic Community
7400 W. 80th Ave. Arvada, Colorado 80003
303-422-9173 www.spiritofchrist.org

YAH ADDRESS SERVICE REQUESTED

NON-PROFIT
U.S. POSTAGE
PAID
Presort Std. A
Permit No. 291
Arvada, Colorado



Vicki Alvizu
Kathy Brown
James Bullock
Kathy Duffy
Cindi and Tony Lombard
Ron and Becky Marinelli
Carol and George Meng
Stephen and Vicki Pilkington
John Santi Jr.
Stephanie and Jack Schetrom
Kristine Wolfe



Aggie Holcomb 303-421-2700

Get-well cards were sent to:

Theresa Moch
Betty June
Charlotte Lucero
Marsha Casey

If you know of one of our members who is ill
or has lost a loved one, please let Aggie know.