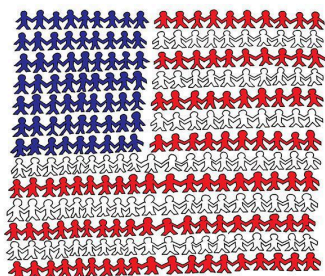


Young at Heart is a ministry for seniors who gather monthly to provide spiritual growth, fellowship, recreation, and support to each other.

### Celebrate America

#### Peg Stewart



Well, here we are....the month of Cupid, mystery, and American pride. Also, cold weather and the lovely white stuff we call snow! I don't know about you, but I am already yearning for some of those warm, pretty

spring days. Our luncheon will be on **Tuesday, February 18th**, in the **John XXIII Center at 12:00 Noon**. The main dish will be meatloaf and we ask that you bring a side dish to share (salad, vegetable, or dessert) to feed eight people and ready to serve.

Speaking of something on the mysterious side, our entertainment will be Tracy Gray. She is a master hypnotist who delivers high-energy, fun-filled comedy hypnosis show that is tailored to her audience. Along with being a master hypnotist, she is also a college professor in the field of Biology. Her goal with each of her shows is to allow her audience and volunteers to have the time of their lives and experience the incredible power of their own minds. Her shows are laid back, fun, and full of laughter and surprises. Her decades of experience with folks of all ages allow her to form a relationship quickly and effectively, setting the perfect pace for those in attendance. Tracy lives in the Denver area and continues to perform for clients across the United States. Her show is interactive with music and is sure to put a smile on all our faces!

### The Board Sez

This column will be used for a few months to introduce the Young At Heart Board members. A few committees will be listed monthly for your information so that you can get to know the groups within YAH and be moved to join one.

**Off-Site Activities:** The duo of Marsha Edwards and Grace Murray pick plays at the Arvada Center and announce, collect the money, obtain tickets, and distribute them to those, who have paid. This social event is where over fifty persons gather to enjoy a fun afternoon or evening by watching a drama or a musical play.

**Kitchen Coordinator:** Thelma Lucci, 720-320-4830, makes sure that there are enough volunteers available to help prepare the main dish, and get the food onto the serving tables. She is the "go-to" person on the day of the meal to make sure that everything, from making sure that plates, napkins, and silverware are ready, setting out the food, having people serve the food, and cleaning up at the end of a meal. Without her, it would be tough to have the meals run as effectively as they do! Volunteers are always needed and welcome.

**Photography and Travel:** Erlinda Moscoso can be seen at YAH functions taking pictures to record the happenings of the group. She also plans trips to take people on mini-vacations and pilgrimages. This is a good way to have 30-40 people become friends and enjoy traveling together. You will also see her at our meals, announcing the news!

As you can see a group of people/volunteers work hard to keep YAH a vibrant and happy group! Please join us with your ideas and helping hands.

First Friday  
**Breakfast**

Mary 720-289-1954  
Wanda 303-421-9010

**(We will retire at the end of May 2025. Think about replacing us.)**

Breakfast on Friday, **Feb. 7** after the **9 AM Mass** in the **John XXIII Center**. Donations are appreciated.



Judy Matthews 303-489-1469  
CARDS & GAMES will be held on **Thursday, February 27th** in the **John XXIII room**, at **12 Noon**. A light lunch will be served. If you plan on attending, we ask that you bring a dish to share and \$1 for prize money. Hope to see you there.



Helen Contreras 303-424-2876

Our next meeting will be on **Tuesday, Feb. 25**, at **11:30 AM** in the **St. Francis Room**. Our project will be centered around March events, such as Ash Wednesday, St. Patrick's Day, or Spring. I hope many will join us in making this a successful and fun activity.



Suzanne Barker 720-366-2231

We will meet on **Tuesday, Feb. 4**, at **9:30 AM** in the **John XXIII Center**, to make decorations for our Celebrate America Luncheon. Come and join us.



Marsha 620-874-0670  
Grace 303-425-1157

Please join us for **A Gentleman's Guide to Love and Murder** on **Wednesday, April 30**, at **1 PM** in the **Arvada Center** for \$36.00. Payment due 3-21-2025. There are 8 heirs to the throne, who will survive in this dark comedy, musical, farce.



We will meet on **Tuesday, Feb. 11**, at **1:00 PM** in the **Holy Family Room**.

The book is "A World of Curiosities" by Louise Penny. It is about a treasure trove, including a missing painting, and the investigation of a series of murders by Chief Inspector, Arnold Gamache, in Quebec.



Susan Hay 303-423-8023

Our next meeting will be on **Monday, Jan. 6**, at **10 AM**, in the **Cana Room**. If you know a member, who is shut-in or sick and would like a monthly visit, please let Susan know. We would like new people to join us with the visits.




Erlinda Moscoso 303-422-2065

The Century Casino in Central City will work with us and the bus company. I have scheduled Friday, March 14, 2025, to gamble with no extra charge for us. A bus will leave from SOC at 10 AM and return by 4 PM. Let me know if you are interested and I will sign you up. Their minimum is 30 people!

On May 20, meet new friends, see old friends, and enjoy a fun trip to Albuquerque, New Mexico! For \$800 you will enjoy the sights from a motorcoach, 8 meals, 4 nights, lodging, entrance fees to museums, Native American Pueblo known as Sky City, a tour of Santa Fe, ride the Sandia Peak Tramway, and visit Old Town Albuquerque! Place a \$100 deposit in an envelope with your name and my name and leave it at the Spirit of Christ church front desk. If paying by check make it out to Erlinda Moscoso. The final payment will be due sometime in March

# February 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 <b>Caring Hearts</b> 10 AM, Cana Room	4 <b>Decorating Committee</b> 9:30 AM John XXIII Center	5	6 <b>Board Meeting</b> 10 AM Spirit Center West	7 <b>1st Friday Breakfast</b> 9:30 AM John XXIII Center	8
9	10	11 <b>Book Club</b> 1 PM Holy Family Room	12	13	14 	15
16	17 	18 <b>Celebrate America Luncheon</b> 12:00 PM John XXIII Center	19	20	21	22
23	24	25 <b>Crafts For A Cause</b> 11:30 AM St. Francis Room	26	27 <b>Cards and Games</b> 12:00 PM John XXIII Center	28	

## ★ HAPPY ★ BIRTHDAY!

2 Gary Smith  
2 Sandi Greer  
2 Sherry Johnson  
4 Jean Beckel  
5 Nhan Nguyen  
5 Rudy Fernandez  
6 Pat Flanagan  
7 Jan DesMarteau  
8 Judy Bohan

8 Martha Roybal  
9 Trish Swenson  
9 Valerie Fuller  
10 Connie Dineen  
10 Gloria Mazzocco  
10 JoAnn Rhodes  
10 Ronald Sprenger  
10 Shirley Lempka

13 Edward Avis  
14 Komi-Ana Casica  
14 Marilou Bonavida  
15 Jerry Franklin  
16 Sharon Reilly  
18 Jack Olguin  
19 Susan McLean  
20 Ginny Butler-Wells

20 Linda McDaniel  
20 Ray Mendoza  
21 Ronald Marinelli  
22 Grace Murray  
22 Lilly C. Mercil  
27 Betty Jane Magyar  
27 Jim Walsh  
27 Marianne Brandt  
28 Stephen Pilkington



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Peggy and Warren Broderick  
Linda Schaefer  
Debbie and Syd Miller  
Valerie and Harry Fuller



Lwana Elder 303-420-0195

Thanks to the callers for informing us of upcoming meals! Please promptly respond to their calls OR voicemails. We need an accurate count of those planning to attend the events



Aggie Holcomb 303-421-2700

Get-well cards were sent to:

Charlotte & Will Lucero  
Barb & Nick Bretz  
Debora Wendell  
Betty Passarelli

Sympathy cards were sent to:

Suzanne Fountain & Dale Feller  
Mary Ann Russell  
Linda Richardson

If you know of one of our members who is ill or has lost a loved one, please contact Aggie.

**President** - Marsha Edwards 620-874-0670  
**Vice President** - Erlinda Moscoso 303-422-2065  
**Secretary** - Kathy Lutwack - 303-422-2128  
**Treasurer** - Bonnie McAninch - 303-428-6422