



Spirit of Christ Catholic Community
7400 W. 80th Ave. Arvada, Colorado 80003
303-422-9173 www.spiritofchrist.org

For the Ministries of

Sacramental Preparation

Religious Education

Christian Formation

(For all ages)

Liturgical Worship

2025-2026

Infant Baptism

Baptism classes are held throughout the year for the parents of children who are under the age of 7. (At age 7, the child would need to be fully initiated - please read the following section.) At least one parent must be Catholic. The steps to getting your child baptized are:

1. One of the parents call Kimberly at (303) 867-9165 to get a brief overview of the preparation process. Please do not ask anyone to be a Godparent until you have read the Godparent Eligibility Form.
2. You will be emailed a summary of the process and the forms required.
3. Parents and godparents complete Baptism Sacramental Preparation class and complete the forms.
4. Once all training is complete and all forms are received by SOC, schedule a date for the Baptism.
5. Schedule the Baptism. SOC baptizes children on Sundays at 12:15 PM (after 11:00 AM Mass).

Parents are encouraged to complete the preparation prior to the birth of the child.

Contact: Kimberly Juge at (303) 867-9165
kimberly@spiritofchrist.org

Children Sacramental Prep

First Communion and Confirmation - Spirit of Christ follows the Restored Order of the sacraments, which means that children will be trained for and receive, at the same mass, both Confirmation and First Communion after completing a two year process. During the first year of preparation, children will be prepared for and receive their First Reconciliation. Registration is in July. The primary means of preparation is the ANCHOR program (see below.)

First Reconciliation registration is held in July with classes beginning September. Children baptized Catholic who are in the second or third grade are welcome to prepare for this sacrament. First Reconciliation is a year-long process. It is offered only once a year and is a prerequisite for participating in the sacraments of Confirmation and Communion. Preparation occurs along with our Anchor faith formation program (see below.)

Initiation for Children & Youth: The O.C.I.C., Order of Christian Initiation for Children, is a process designed for families whose child(ren) are not baptized and are age 7 to grade 5. They will follow the Anchor program below.

ANCHOR is a family education program which meets on Wednesday nights from 6:00 to 7:15 PM during the school year. The children (grades preschool through grade 5) break into age-appropriate classes for catechetical instruction. Simultaneously, parents participate in adult education classes. A nursery is available. ANCHOR is also the primary sacramental preparation program for Reconciliation, Confirmation and First Eucharist for children starting in 2nd grade.

Contact for all the Children's sacramental prep programs:
Jolene Stolz at (303) 867-9166
jolene@spiritofchrist.org

Children's Programs

Lectionary-Based Catechesis (LBC) is for children from Kindergarten through 3rd grade. Children are dismissed from the worship space before the Mass begins and return to join their families at the offertory. While the adults are listening to the readings and the homily, the children are doing the same, but at their level of understanding. LBC begins in September, and is available throughout the year. Registration is in August, but new families may register at any time. Families joining the process after registration will need to meet with a staff person to learn how to work with their children at home. We recruit for new catechists four times a year and the availability of the grade level session at each Mass is based on the number of people who come forward to share the Word with the children. Training is provided for all people who would like to be part of this ministry. (Winter Quarter-December, January, February; Spring Quarter-March, April, May; Summer Quarter-June, July, August; Fall Quarter-September, October, November.)

Contact: Beverly Smith at (303) 422-9173 Ext. 138
bsmith@spiritofchrist.org

Preschool (3 and 4 Year Old) & Pre-Kindergarten Programs help to familiarize children with the Liturgy of the Word at Mass. The children work with the Gospel story, do a fun activity, and have prayer time. Children are dismissed at the beginning of Mass and return before Eucharist. The program begins in September and goes throughout the year on the quarter system. The availability of classes is based on the number of people who volunteer to share with the youngest members of our community. Volunteer training is held before the beginning of each quarter. Children can join the sessions at any time throughout the year. There is no fee. Contact: Beverly Smith at (303) 422-9173 Ext. 138
bsmith@spiritofchrist.org

Totus Tuus day program for those going into 1st through 6th grades, is a summertime, week long, youth oriented Catholic catechetical program that promotes Catholic faith including virtues, sacraments, and the rosary. It features a huge water fight at the end of the week. Totus Tuus is held in June. It offers the best in faith, fun and fellowship. Registration is required. There is also a night program for middle and high school teens. Contact: Jolene Stolz at (303) 867-9166
totus@spiritofchrist.org



Vacation Bible School (VBS) is a week of fun filled mornings which is interactive for children as they learn Bible stories and Bible truths. Each day focuses on a Bible story that is taught through songs, games, a video, making crafts, a play, and even a snack. The children are also taught about God through a daily theme. VBS is held in July and is open to children from 3 years through sixth grade.

Contact: Bev Smith at (303) 422-9173

vacationbibleschool@spiritofchrist.org

Middle and High School Programs

RISE prepares middle school students (grades 6, 7 and 8) to face the various challenges in their lives. The program uses catechesis, issues and fellowship to bring to life the teachings of the Church, making them relevant and applicable to life of a middle school aged child. The group meets Wednesday nights from 6:00 PM to 7:30 PM in the Youth room to learn about God, grow in their faith, build friendships and have fun.

Ignite is a youth ministry program for high-school age teens. Our mission is simple: bring teens closer to Christ! What teens experience at Ignite they can't find anywhere else! It's fun, there's usually some sort of food, games, music and most importantly Jesus! We combine catechesis, issues, retreats and fellowship into the program in a variety of fun and exciting ways. Ignite begins after the Sunday 4:30 PM Mass. Come join us!

For sacramental prep for students in grades 6-12 and Youth Programs, please contact our Youth Minister:

Contact: Krissy Jensen at (303) 422-9173

krissy@spiritofchrist.org

Follow us on social media:

Facebook: [@spiritofchristyouthministry](https://www.facebook.com/spiritofchristyouthministry)

Instagram: [@socyouthgroups](https://www.instagram.com/socyouthgroups)

Sacramental Prep for Adults

Confirmation For those who were baptized as Catholics, but never received Confirmation or First Communion, OCIA provides the opportunity to "fill in the gaps" of their catechism and formation. This is an opportunity to grow in the understanding of Confirmation and what it means to be on mission with Jesus, for the salvation of the world. Baptized Catholic Adults over the age of 18, that still need to receive these sacraments will join the OCIA program. Please see next column for OCIA information.

Marriage Preparation is a comprehensive program designed to equip the couple to live a joy-filled sacramental marriage and ensure the "happily ever after" for which couples long. There are four major components:

1. The theology of the sacrament of marriage and theology of the body
2. Practical life skills
3. Natural family planning
4. Review of a FOCUS inventory.

As such, marriage preparation needs to begin at least 10 months prior to the proposed wedding date (12 months advanced notice is preferred).

Contact: Kimberly Juge at (303) 867-9165

kimberly@spiritofchrist.org

Order Of Christian Initiation Of Adults (OCIA) is a formation process for adults wanting to become Catholic and enjoy the faith that Christ departed to His apostles in its fullness. Included in this process are those who are non-baptized, those baptized in other Christian Churches, and adult Catholics who have only been baptized. Regular sessions are held throughout the year with the main entry point occurring in September.

Contact: Fr. Martin in the parish office or

frmartin@spiritofchrist.org

Adult Life-Long Learning

Catholic Christian Outreach (CCO) Small group Bible based faith study to form missionary disciples who embrace their baptismal call to the pursuit of holiness and embrace the Catholic Church's primary mission of evangelization.

Contact: the office at welcome@spiritofchrist.org

Great Adventure Bible Study Series provides both an overview of the Bible as well as the study of specific books or topics. Classes are offered year round and registration is required. Schedules will be in the bulletin and on our website.

Contact: greatadventure@spiritofchrist.org

Small Church Communities (SCC) are small groups of adults and/or families who gather to reflect on their lives in the light of the Gospel and to share their Catholic faith through prayer, friendship and service. There are opportunities to start your own group or join others.

Contact: susan@spiritofchrist.org

That Man Is You (TMİY) honestly addresses the pressures and temptations that men face in our modern culture, especially those relating to their roles as husbands and fathers. The program harmonizes current social and medical science with the teachings of the Church and the wisdom of the saints to develop the vision of man fully alive! Two sessions one Tuesday evenings 7:00 PM and one Wednesday Mornings 6:15AM

Contact: the office at welcome@spiritofchrist.org

Walking With Purpose is a Catholic Bible study for women that aims to bring women to a deeper personal relationship with Jesus Christ by offering personal study and small group discussion that link our everyday challenges with the solutions given to us through the teachings of Christ and the Church.

Contact: Ginny Trumpolt at (303) 423-4015

wwp@spiritofchrist.org

Liturgy

Altar Servers assist the priest and deacons during Masses. The opportunity to be a server is available to girls and boys age ten and older and who have received the sacraments of Confirmation and Eucharist. Servers are greatly needed at all Masses.

Contact: Sara Fuentess at (303) 523-5754
altarservers@spiritofchrist.org

Art & Environment Help beautify our church and chapel! We welcome volunteers with a creative touch—artists, floral designers, banner makers, or anyone with an eye for beauty. If you enjoy sewing, arranging flowers, or even working on ladders, we need you. Extra help is especially needed during Advent, Christmas, Lent, and Easter as we transform the worship space for each liturgical season. Share your time and talent to help enhance God's house.

Contact: Nick Roy at (303) 867-9162
nick@spiritofchrist.org

Audio-Visual Ministry plays a vital role in our liturgies.

Audio volunteers manage the sound board so that all spoken and sung prayers are heard clearly. Visual volunteers run slides during Mass to guide the congregation in prayer. Live Stream Volunteers operate the cameras for the weekly Live Streaming of Mass.

All roles enhance our worship experience and are open to adults and youth. Training is provided—no prior experience needed!

Contact: Ron Marinelli at (303) 422-9173 x135 or
av@spiritofchrist.org

Baptismal Garment Sewing Ministry is responsible for sewing the white infant garments and capes used in baptisms and offered as a gift to the newly baptized from our parish family. This garment is an important baptismal symbol and a treasured keepsake. Occasionally, this group is asked to help with other liturgy sewing projects.

Contact: Eyda Hergenreder
baptismalgarments@spiritofchrist.org

Extraordinary Ministers of Holy Communion assist the priest and deacons with distributing the Body and Blood of Christ at Mass and to hospital patients and to shut-ins. Training is held in the spring and fall. Ministers are especially needed at the 7:00 AM and Sunday 4:30 PM Masses.

Contact: Kim Houston at (303) 829-1586 emhc@spiritofchrist.org

Garden Ministry (inside and out) maintains the exterior flower beds throughout the summer months.

Exterior Contact: Maggie Quinn at 720-320-9003
extgarden@spiritofchrist.org

Maintains the beautiful planters in the church and all the plants throughout the facility.

Interior Contact: Charlene Tracy
intgardens@spiritofchrist.org

Greeters welcome people as they arrive at all Masses.

Contact: Mike and Helen Contreras
greeters@spiritofchrist.org

Hospital Ministry takes the Eucharist to Catholic patients at Lutheran Medical Center (LMC) in Wheat Ridge on Sundays. Three ministers are scheduled to visit the hospital each Sunday. Normally each minister is scheduled once a month. To participate in this ministry you must be a Spirit of Christ mandated EMHC and be at least nineteen years of age. Training is provided in SOC Hospital Ministry procedures as well as LMC provided volunteer orientation and safety procedures.

Contact: Eyda Hergenreder at (303) 946-3314
hospmin@spiritofchrist.org

Linen Ministry launders all of the linens used at Mass.

Contact: Audrey McNulty-Mangan at (303) 548-4355
linens@spiritofchrist.org

Music Ministry at our parish includes singers and instrumentalists of all ages. Whether you're part of the Choir, a Psalmist, a Small Group, or play an instrument, you help lead our community in prayer through music. No music-reading skills are required for singers—just a willing heart. Instrumentalists should be able to read music. Our Children's Choir sings for major celebrations like Christmas and Easter. We understand busy schedules and offer flexibility to make it easy to participate. Music Ministry is more than service—it's a supportive, prayerful community. Come and "Sing with all your heart"—let your music fill the heavens!

Contact: Ron Marinelli at (303) 867-9170
music@spiritofchrist.org

Nursery is available for childcare during the 9:00 AM and 11:00 AM Sunday Masses for children up to age 3. Please sign your child in and out at the nursery.

Contact: Carla Sheridan at (303) 422-9173
nursery@spiritofchrist.org

Readers are ministers of the Word of God. They read the first and second readings at the Masses. Training is available periodically. The readers for the upcoming weekend **MUST** attend a one hour evening meeting at 7:30 PM on the Tuesday prior to your scheduled Mass. We highly encourage confirmed youth to participate in this ministry.

Contact: Dana Frerich at
Massreaders@spiritofchrist.org

Sick and Homebound Ministry is responsible for taking the Eucharist to shut-ins. You must first go through the Spirit of Christ training for Extraordinary Ministers of Holy Communion then further instruction for Shut-in Ministry.

Contact: Vic Zielinski at (303) 263-4069
homebound@spiritofchrist.org

Ushers have the mission of hospitality by making parishioners and guests feel welcome and comfortable as we gather for Mass. This ministry is open to all parishioners: men, women, senior citizens, parents and teenagers. Ushers are always needed! The time commitment is usually one Mass per month. It is a great way for families and friends to minister together.

Contact: Randy Hergenreder at (303) 495-0966
ushers@spiritofchrist.org