

Young at Heart Newsletter

Dec. 2025

Young at Heart is a ministry for seniors who gather monthly to provide spiritual growth, fellowship, recreation, and support to each other.

YAH Jingle Bells Christmas Luncheon

Peg Stewart

Jingle all the way; oh what fun it is to ride to our YAH luncheon at Spirit of Christ! Yes, it's time to make our spirits bright again. This will happen on **Tuesday, December 16th, at 12:00 Noon** in the **Spirit Center** (upstairs). Our main dish will be ham and scalloped potatoes and we ask that A-G bring a side dish, H-N dessert and O-Z a salad to feed eight and ready to serve.

Our special guest will be Santa (Roy McGirl) and he will again be bringing his big grab bag of gifts that some of you will be fortunate to win.



For over 20 years, Roy has visited children at daycares, community centers, and numerous homes to spread holiday cheer. You don't want to miss this opportunity for joy and laughter. You are welcome to wear your best holiday outfit and be sure to bring your phone if you want a picture with Santa. Ho, ho, ho....it's time for all of us to be jolly!



Frieda Diaz
Melody Mahirka

The Board Sez

Erlinda Moscoso 303-422-2065

The Country and Western song by Creed Fisher, "Keep Those Wheels Rollin'" is the theme for our article today!

The wheel begins turning at a YAH Board meeting when a dinner or luncheon is planned. It begins turning and reaches the 37 callers who will call the members to let them know when, what, where, etc. about the next meal. This is where the wheel sometimes begins to jam because the callers cannot reach a member, the member does not return the call or does not check voicemail to return a message. In order for the wheel to continue turning, your response is important because it helps committees determine how many tables will be needed, how much food has to be purchased, how much wine needs to be bought, etc. Please make sure you speak with the caller at some point, to keep the wheel turning. The calls just don't happen but are planned to remind you of the upcoming meal and to keep the wheel rolling! The YAH Board asks that when you receive a call, please respond and let the caller know whether you will be attending the meal. Don't be the person that causes the wheel to jam!

"Passion is the spark that puts you on fire for combustion and propels the wheels of productivity that brings an ultimate success!"
Lord Robin

The Board also thanks everyone that donates, brings a side dish and all the volunteers for making time to help at Young At Heart meals! The Board appreciates everything you do to make our meals a success! And, of course, we are always in need of fresh, young volunteers!

First Friday Breakfast

Joyce Antonucci 303-466-2889

Welcome to our First Friday Breakfast (the best in town!) Each month, come to Mass in the chapel and then over to socialize with your friends or someone new in the Spirit Center East. Donations are appreciated.



Helen Contreras 303-424-2876

Crafts for a Cause **will not meet** in December.

I would like to thank all the wonderful individuals that helped make this ministry a success. Being able to perform works of mercy for the elderly is a blessing, to ourselves and to many others. I thank you very much for your time and talent this past year and look forward to being with you on our next project of beauty. All are welcome to attend this wonderful ministry.



Jesus is the Reason for the Season



Marsha 620-874-0670
Grace 303-425-1157

Enjoy your Holidays with your family and friends!!



Suzanne Barker 720-366-2231

We will meet on **Tuesday, Dec. 2, at 9:30 AM** in the **John XXIII Center** to make decorations for our 'Jingle Bell Christmas' luncheon. Please come and join us.



Betsy Schuster (360) 813-6143

The Young at Heart Book Club will meet on **Dec. 9, at 1:00 PM** in the **St. Francis Cabrini room**.

The book is "The Time of the Child" by Niall Williams. An uplifting Christmas story set in the fictional Irish village of Faha. The story follows Dr. Jack Troy and his daughter Ronnie, and an abandoned baby left in their care.



Erlinda Moscoso 303-422-2065

Join us as we travel to the Horse Palace Casino in Cheyenne to celebrate New Year's Day Eve. **December 31. We leave at 8 AM and return by 5PM.** Call me to reserve your spot on the bus!



Susan Hay 303-423-8023

We will meet on **Monday, Dec. 1, at 10:00 AM** in the **Mother Teresa room**. If you know of a member who is shut-in or ill and would like a monthly visit, please let me know.



Judy Matthews 303-489-1469

CARDS AND GAMES will not be held in December due to the Christmas holiday.





December 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Caring Hearts 10 AM, Mother Teresa Room	2 Decorating Committee 9:30 AM John XXIII Room	3 Let's Hug Day	4 Board Meeting 10AM Mother Teresa Room	5 1st Friday Breakfast Spirit Center East	6
7	8 Immaculate Conception Feast Day	9 Book Club 1 PM St. Francis Cabrini Room	10	11 National Stretching Day	12 National Regifting Day	13
14 "Frozen" 1:00 PM Arvada Center	15	16 Jingle Bells Christmas Lunch 12 PM Spirit Center	17	18	19 National Ugly Christmas Sweater Day	20
21	22 National Short Person Day	23	24 	25  Christmas	26	27
28 National Call A Friend Day	29	30	31 Horse Palace Casino Trip 8 AM - 5 PM			

**HAPPY
BIRTHDAY!**

1 Louise Gutierrez
2 Beverly Tafoya
Dominguez
9 Karen Shoemaker
9 Linda Richardson
10 Juan Garcia
12 Marie DePietro

13 Corine O'Donnell
13 Delores Kingsley
14 Duane Knight
15 Carol Annibella
15 Ed Fernandes
16 Deb Dewhirst

16 Jerry Robertson
17 Julianna Whitfield
18 Elaine Lyons
19 Marilyn Lambert
19 Emilio Casica
20 Maureen Stanley

24 Rich Fernandz
28 Carol Sanders
29 Charlotte Lucero
29 Gary Worth
31 Deacon A.J. Misiti
31 Margie Mauser



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Aggie Holcomb 303-421-2700

Cards were sent to:

Sympathy:

Wanda Ford
Mary Cessar
Marilyn Lambert
Rose Mary Johnson
Carol Lochner
Ray and Judy Chavez
Toni Bruno Family

Get Well:

Grace Murray
Ruth Walsh
Thelma Lucci
Richard & Bonita Trujillo

If you know of any of our members, who
have died or are ill, please let Aggie know.

Board Leaders: (not mentioned elsewhere)

President - Marsha Edwards -
620-874-0670

Vice Pres. - Erlinda Moscoso -
303-422-2065

Secretary -
Treasurer - Bonnie McAninch -
303-428-6422

Calling Committee - Lwana Elder
303-420-0195

Kitchen Coordinator - Thelma Lucci
720-320-4830

Event Co-ordinators -
Michael, Betty & Mike Passarell

Membership - Dorothy Baca
Newsletter - Lou Hill