



January 22, 2026



Announcements

- 1) Documents Due
- 2) Faith Story Due
- 3) NEW Syllabus available



Small Group Discussion

- 1) What did you learn about the mass?
- 2) What questions do you still have about the mass?
- 3) How has the mass moved you as you regularly attend?
- 4) What importance does the mass play in your spiritual life?
- 5) How can the mass be a springboard into a deeper relationship with God?



St Vincent of Saragossa, Deacon & Martyr

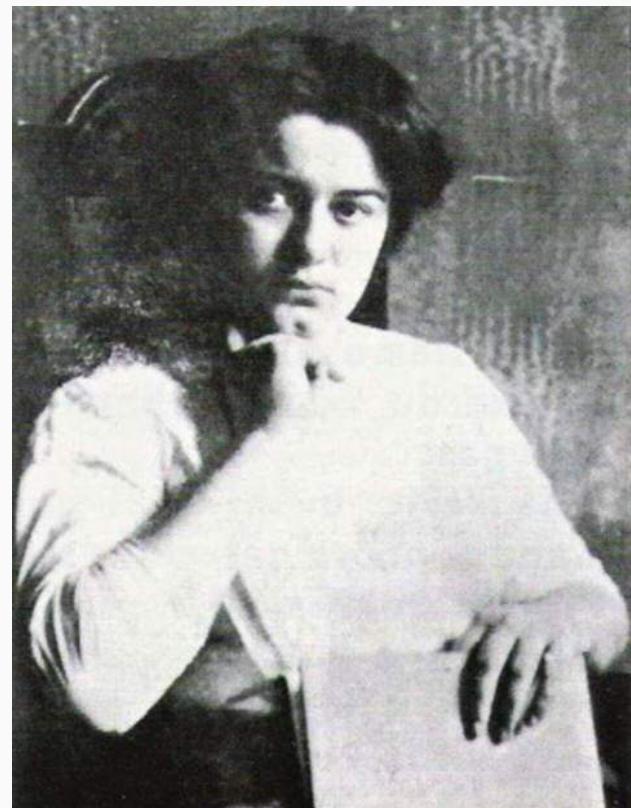
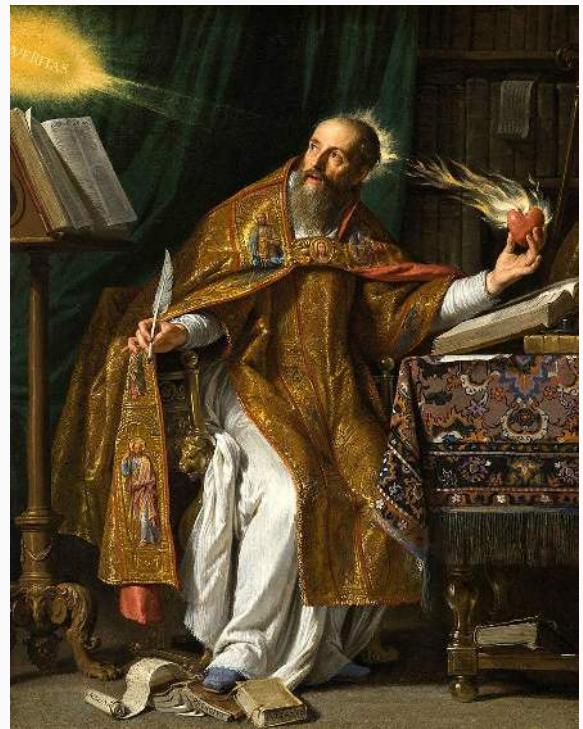
- Died AD 304
- Feast day: **22 23 January**
- Patron of vinegar makers, wine makers, brickmakers, sailors

“Saint Vincent, deacon and martyr, with a donor” by Tomás Giner. Source:

https://en.wikipedia.org/wiki/Vincent_of_Saragossa#/media/File:Vicente_de_Zaragoza_by_Tom%C3%A1s_Giner,_1462%20%931466.jpg

“Patron saint of” list from <https://mycatholic.life/saints/saints-of-the-liturgical-year/january-22-saint-vincent-deacon-and-martyr/>





"St Augustine" by Philippe de Champaigne. Source: https://en.wikipedia.org/wiki/Augustine_of_Hippo#/media/File:Saint_Augustine_by_Philippe_de_Champaigne.jpg
"Fr Damien," by William Brigham, either late February or March 1889, weeks before his death at a side wall of the St. Philomena Catholic Church, Molokai. Source: https://en.wikipedia.org/wiki/Father_Damien#/media/File:Father_Damien,_photograph_by_William_Brigham.jpg
"Edith Stein" as a student (1913-14). Source: [https://en.wikipedia.org/wiki/Edith_Stein#/media/File:Edith_Stein-Student_at_Breslau_\(1913-1914\).jpg](https://en.wikipedia.org/wiki/Edith_Stein#/media/File:Edith_Stein-Student_at_Breslau_(1913-1914).jpg)



"Bl Takayama Ukon." Source: <https://takayamaukon.com/2019/02/22/university-of-santo-tomas-ust-and-the-cause-of-takayama-it-nurtured/>

"The Samurai for Christ." Source: <https://catholicjourneyblog.com/blessed-ukon-takayama-the-samurai-who-chose-christ/>

"Meiji Era Stylized Illustration of Justo Takayama in WoodBlock Print by Utagawa Yoshiiku." Source: https://en.wikipedia.org/wiki/Justo_Takayama



What can St Vincent do for you?

- *Fidelity under duress*
- *Champion in his duty*
- *Inspired the Church*



"The Martyrdom of Vincent." Source:

https://en.wikipedia.org/wiki/Vincent_of_Saragossa#/media/File:Legendari_di_sancti_istoriadi_o_uulgar,_1497_-_san_Vincenzo_-_BEIC_IE4411197.jpg

A sermon of St Augustine on the feast day of St Vincent

So do not any of you be too self-assured when offering a word; do not be too confident in your own powers when suffering trials or temptations; because it is from him that we have the wisdom to speak good things wisely, from him the patience to endure bad things bravely. ...

So why should we be surprised, dearly beloved, if Vincent was victorious in him by whom the world was vanquished? In this world, he says, you will have distress; such that, even if it distresses, it cannot oppress you; even if it knocks you down, it cannot knock you out. The world mounts a double attack on the soldiers of Christ. It wheedles in order to lead them astray; but it also terrifies, in order to break them. Let us not be held fast by our own pleasures, let us not be terrified by someone else's cruelty, and the world has been vanquished.

At each attack, Christ comes running to the defence, and the Christian is not vanquished. If, in this passion of Vincent's, one only gave thought to human powers of endurance, it would begin to look unbelievable; but if one acknowledges divine power, it ceases even to be wonderful.

Such hideous cruelty was being unleashed on the martyr's body, and such calm serenity was displayed in his voice; such harsh, savage punishments being applied to his limbs, but such assurance echoing in his words, that we would have imagined that in some marvellous way, while Vincent was suffering, that it was someone else and not the speaker that was being tortured.

...

So the flesh was suffering, and the Spirit was speaking. And while the Spirit was speaking, not only was ungodliness being confounded and convicted, but weakness was even being strengthened and comforted.

Prayer in Honor of St Vincent of Saragosa

Almighty, ever-living God, fill us with your Holy Spirit, and let a love stronger than death possess our hearts: the love that enabled Saint Vincent to rise above the torments of his martyrdom.

Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. Amen.