

Young at Heart is a ministry for seniors who gather monthly to provide spiritual growth, fellowship, recreation, and support to each other.

### YAH Hawaiian Aloha Lunch

Peg Stewart

Palm trees, grass skirts, hula dancers and beautiful flowers. Don't forget Coconut drinks,

Mai Tais and other fruity libations. All are popular in our fabulous 50th state...a great vacation spot for many of us. You can reminisce at our **Hawaiian Aloha** luncheon on **Tuesday, April 21st**, at **12:00 Noon** in the **Spirit Center** (upstairs). Our main dish will be pulled pork and buns and we ask that:

**A-G bring dessert,**

**H-N salad** and

**O-Z side dish** to feed eight and ready to serve.

Our special guest will be Will Whalen. He is a staple of the central Colorado music scene and performs twice every week at the Broadmoor's Golden Bee, a top-tier sing-along piano bar. He also entertains a crowd at the Senior Resource Center in Wheat Ridge monthly. Will knows how to get a crowd moving and is familiar with all your favorites. From jazz and lounge (like Frank Sinatra) to classic tunes from the Beatles and Rolling Stones, he is here to bring you back to the good times. Come join us as we have our own impromptu luau in the Spirit Center and don't forget to wear your leis and tropical flowers!



New members  
Deborah Clauss  
Bridget Craig  
Marlene Holman  
Kathy Menin  
Shelby Ogden  
Melinda Slocum  
Rita Sysling  
Debra Windle

### The Board Sez

Erlinda Moscoso 303-422-2065

*Looking around at the Young at Heart group, I couldn't help but wonder how many hours angels have worked to keep us safe. I happened to see a picture of an angel with tattered wings, looking haggard, tired and wrinkled with a caption of: "Give Me A Break!"*

*We are thankful that God gave each of us an angel to watch over us. I would not have made it without my angel! In Exodus, God told his people entering the Promised Land, "I am sending an angel before you on your journey, to protect you and lead you to safety to the place I have prepared for you." I think it still holds true for us, since our angel will be with us until we enter heaven.*

*Once, for three hours I had been turning and tossing in bed. No matter what tricks I did, like relaxing, praying, thinking about gentle waves slapping the sand, palm trees swaying in a warm breeze, sleep eluded me. Suddenly, I felt two large white wings encircle me making me feel warm, safe and content. My guardian angel held me and I slept. When I mentioned this to my friends, I was greeted with two responses: how wonderful it must have been or what did you eat for dinner!*



***I will no longer be publishing the Newsletter after the May issue. If you still want the Newsletter, someone needs to step up and do it starting in September.***

***Thank you, Lou Hill***

First Friday  
**Breakfast**

Joyce Antonucci 303-466-2889

There will be **NO** First Friday Breakfast, because it falls on Good Friday. **Suzanne Barker** 720-366-2231

We will meet **Tuesday, April 7**, at **1:00 PM (new time)** in the **John XXIII Center** to make decorations for the Hawaiian



Aloha Lunch. Join us  
**Susan Hay 303-423-8023**

Our next meeting will be on **Monday, April 13, at 10 AM**, in the **Mother Theresa Room**. If you know a member, who is shut-in or sick and would like a monthly visit, please let Susan know.



**Judy Matthews 303-369-1192**

We meet on **Thursday, April 23**, from **12-3 PM**. Please bring a small snack or soft drinks to share and \$1 for prize money. See you



**Marsha 620-874-0670**  
**Grace 303-425-1157**

Please join YAH: for: Come From Away Musical, which chronicles the story of Sept 11, 2001 when 38 planes were diverted to a remote town - on **WEDNESDAY, May 6**, at **1 PM** at the **Arvada Center** for \$36.00. Payment due **April 3**.



**Helen Contreraz 303-424-2876**

We will meet **Tuesday, April 14**, at **11:30 AM** in the **Holy Family room**. We welcome you to help create a craft and socialize with us.



**Betsy Schuster (360) 813-6143**

We will meet on **Tuesday, April 14**, at **1:00 PM** in the St. Francis Cabrini room. The book is The Invention of Wings by Sue Monk Kidd.

It is a novel inspired by the real-life Grimké sisters, charting the lives of Sarah and Angelina Grimké, abolitionists and early feminists in 19th-century Charleston, South Carolina, and their enslaved housemaid, Hetty "Handful" Grimké, for over 35 years.



**Erlinda Moscoso 303-422-2065**

YAH will travel to the **Horse Palace Casino** in Cheyenne on **April 15** from **9 AM - 5PM**.



**Thelma Lucci 720-320-4830**  
**Susan Hay 303-423-8023**

Thanks to everyone who made up the cracker-jack crew we had in February. Everything went smoothly



**Lwana Elder 303-420-0195**

**IF (?) you are NOT being called OR NOT returning our calls, Please let me know if you plan to attend events.** We really DO NEED your response for planning purposes. Thank you!





# April 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2 	3 	4
5 Happy Easter 	6	7 <b>Decorating Committee</b> 1 PM John XXIII Center	8	9 <b>Board Meeting</b> 10 AM Mother Theresa Rm.	10	11
12	13 <b>Caring Hearts</b> 10 AM, Mother Theresa Room	14 <b>Crafts For A Cause</b> 11:30 AM Holy Family Room <b>Book Club</b> 1 PM St. Francis Cabrini Room	15 <b>Horse Palace Casino</b> 9 AM - 5PM	16	17	18
19	20	21 <b>Hawaiian Aloha Lunch</b> 12 Noon Spirit Center	22	23 <b>Cards and Games</b> 12:00 PM John XXIII Center	24	25
26	27	28	29	30		

## ★ HAPPY BIRTHDAY! ★

1 Adele Culliton  
1 Sam Ciotola  
3 Marie Wagner  
4 Maggie Quinn  
7 Paul Jonard  
8 Carol Ellis  
10 Trudi Tompek  
Guarnero

11 Donna Sills  
11 Katie Brown  
12 Joyce Kruger  
12 Judith Eckhardt  
13 Lori Lucas  
14 Deacon Earl Webster  
15 Mike Gilles  
16 Frank Molitoris

17 Joyce DeAndrea  
17 Rose Faris  
18 Angela Jonard  
19 Paula Lerch  
20 Mary I. Espinoza  
20 Patricia A. Maas  
21 Cindi Lombard  
22 Syd Miller

24 Frances Avery  
24 Kathy Smith  
24 Raymundo Garcia  
26 Mary Eggert  
28 George Green  
28 Prudy Holguin  
29 Debbie Stokes



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**Aggie Holcomb 303-421-2700**

If you know of any of our members, who have died or are ill, please contact Aggie.

Cards were sent to:

**Sympathy:**

Dcn. Earl and Carol Webster

**Get Well:**

Loyola Booco

Joyce Radcliffe

**Board Leaders:** (not mentioned elsewhere)

**President** - Marsha Edwards - 620-874-0670

**VP** - Erlinda Moscoso - 303-422-2065

**Secretary** - TBD

**Treasurer** - Bonnie McAninch - 303-428-6422

**Event Coordinators** - Michael, Mike & Betty Passarelli

**Greeters** - Helen Felski

**Newsletter** - Lou Hill

We **NEED** a new:

**Secretary,**

**Newsletter Editor**

**Long Distance Trip Chairperson.**