



June 25, 2026



Announcements

- 1) Next class is July 16, 2026
- 2) Start praying and thinking about potential sponsor and saint.
- 3) [Previous Class Recordings and Documents](#)



*Nativity of St. John the Baptist
Feast Day: June 24*

Loving and merciful God, we thank you for planting the gift of faith in our hearts. We lift up to you all those in the OCIA process. Strengthen their faith and open their hearts to the fullness of Your love. Help them to persevere through any difficulties and bless them with the guidance of the Holy Spirit as they learn to walk with You day by day. We ask this through Jesus, who is the Way, the Truth, and the Life. Amen.

Introduction to Benedictine Spirituality



St. Benedict of Nursia:
A.D. 480-547

Wrote: Rule of St. Benedict

Patron Saint of Europe

Feast Day: July 11

Founded monastery at Monte
Cassino, IT, A.D. 529

Today, 400 monasteries on 6
continents

--7,500 monks

--13,000 nuns



Core Principles of Benedictine Spirituality

- Prayer
- Hospitality
- Community
- Moderation
- Stability





Prayer:
Mass, Liturgy of the Hours, Lectio
Divina

Ora et Labora: Pray and Work



- Hospitality
 - Community
 - Moderation
 - Stability
-





PART 2: JESUS AND THE BIBLE

Christianity is not simply belief in a book or a set of ideas. It is faith in the risen Jesus Christ, who revealed the Trinity, entrusted His teachings to the Church, and continues to speak to us through

Scripture and Tradition.

WHY WE'RE CATHOLIC



OUR REASONS FOR FAITH, HOPE, AND LOVE

TRENT HORN

Ch. 6 - Why we Believe in Jesus

- Jesus is unique because He didn't merely teach about God—He claimed to be God.

Ch. 7 Why We Believe in the Resurrection

- If Jesus rose from the dead, then everything He taught carries divine authority.

Ch. 8 Why We Believe in the Trinity

- The Trinity reveals that God is an eternal communion of love.

Ch. 9 Why We Believe in the Bible

- The Bible helps us know God's plan and encounter Jesus personally.

Ch. 10 Why We Aren't Bible Only Christians

- The Bible comes from the Church, and Scripture and Tradition

Closing Prayer

