



September 23, 2026

Welcome!

Please take this time to check in with
the people at your table.

Check-In Questions:

Introduce yourself.

How was your week/day?

How are you doing?





Anchor Nights Schedule

Arrive at 5:50pm

Bathroom break

Check your children into their classrooms

Classes begin at 6:00pm

NOT a drop-off program

Parents meet in Spirit Center Middle

Attendance will be taken for all classes

Classes end at 7:15pm

Parents pick up children from classrooms



Sacramental Preparation Meetings

Save the Date

Sunday, October 4, 2026

SPY 1

SPY 2

12:30pm - 2:00pm

2:30pm - 4:00pm

At least 1 parent must attend with child.
Godparents/sponsors, if applicable, are invited to attend as well.

BECOMING CATHOLIC

Seeking to become Catholic?

If you or someone you love is interested in learning more about the Catholic Church, we invite you to OCIA, a journey of inquiry, growth, and community.



OCIA is for adults that are not baptized or baptized in another Christian Faith.

Confirmation Pathway for Catholic Adults

**embers to
FLAMES**



Adult Catholics seeking to receive the sacraments of First Communion and/or Confirmation are invited to the Embers to Flames Confirmation Pathway - a six week comprehensive course beginning OCTOBER 1st.

THE LOGY

SEPT 17- OCT 15
FIVE CHARISMS
ONE CHURCH
10AM & 6:30PM

Thursdays

This five week series will be an introduction into five of the overarching religious spiritualities within the Catholic Church - Dominican, Benedictine, Franciscan, Carmelite, and Ignatian.

Each class will explore their charisms, major principles, and prayer styles, allowing participants to encounter new ways to live out their faith in accord with these rich traditions.



Announcements

- Snacks or no snacks?
- Extra MagnifiKids are on the back table -please take.
- Parent Journals are available
- RISE pick up - parents retrieve your teens downstairs @ 7:30 pm not a minute sooner!

Who am I?

Mria Gamble

Like Brian

Without the “n”

Bria

Then switch the “B” to an “M”

mria@spiritofchrist.org or mgamble@spiritofchrist.org



More about me

Lifetime Spirit of Christ parishioner

Bachelors of Arts in Human Development

former Director of Early Learning Program &
Parent Educator at Hope House Colorado,
Arvada

recently Director of Sacramental Life at St.
Thomas Aquinas, Boulder



Letter	Area of Development	Focus
S	Spiritual Development	Self- esteem, purpose, values, faith
P	Physical Development	Gross motor skills, fine motor skills and overall health
I	Intellectual Development	Thinking, leaning, language and problem-solving
C	Cultural Development	Understanding diversity, traditions and identity
E	Emotional Development	Recognising, expressing and managing emotions
S	Social Development	Relationships, communication and friendships



What to Expect

1. The truth of the Holy Catholic Church proclaimed.
2. Engaging activities and discussions.
3. Challenging and relevant topics.
4. Encouragement to live the Catholic faith life outside of the church building.
5. Opportunities for a deepening prayer life as a family and individually.
6. The Holy Spirit to show up.

All of this requires your “yes;” Your “Fiat”



Navigating Small Group

Confidentiality- Anything said in the small group will NOT be shared outside of the small group. A strong commitment to confidentiality creates a safe space for individuals to share openly without fear.

Authenticity and honesty- Be honest about what you choose to share without facades or masks. This requires courage to share with others who you truly are. The small group is not a place to impress others with your knowledge. Instead of preaching to the group, reflect on your own experience and share from that experience.

Availability and reliability- be present and listen to others. Avoid playing with cell phones and attentively listen to whomever is speaking. Be ready and willing to share from your own experience. Be a stable presence in the group whom others can rely upon.

Only share your advice if asked – unsolicited advice can cause others to shut down. Be supportive and encouraging without giving advice. If someone asks for advice, it is okay, but if they have not, then do not provide advice.

Avoid generalizing- Use “I” statements as it is important to share from your own experience. Group members can share their own beliefs and perspectives, but we must always default from our own experience.

Submitting to Scripture and Church teaching- submitting to sacred scripture and the tradition of the Holy Mother Church in cooperation with the Holy Spirit, allows us to be disposed to grow in spiritual maturity.

BASICS OF THE FAITH



Beyond the Basics



Gifts of the Holy Spirit



NAVIGATING CONTEMPORARY CULTURE





How does it feel to be invited to
a wedding?



John 2:1-11

On the third day there was a wedding in Cana in Galilee, and the mother of Jesus was there. Jesus and his disciples were also invited to the wedding. When the wine ran short, the mother of Jesus said to him, “They have no wine.” [And] Jesus said to her, “Woman, how does your concern affect me? My hour has not yet come.” His mother said to the servers, “Do whatever he tells you.” Now there were six stone water jars there for Jewish ceremonial washings, each holding twenty to thirty gallons.



John 2:1-11

Jesus told them, “Fill the jars with water.” So they filled them to the brim. Then he told them, “Draw some out now and take it to the headwaiter.” So they took it. And when the headwaiter tasted the water that had become wine, without knowing where it came from (although the servers who had drawn the water knew), the headwaiter called the bridegroom and said to him, “Everyone serves good wine first, and then when people have drunk freely, an inferior one; but you have kept the good wine until now.” Jesus did this as the beginning of his signs in Cana in Galilee and so revealed his glory, and his disciples began to believe in him



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Reflection & Discussion Questions

1. **Sweet:** When have you experienced a moment of joy, blessing, or gratitude when you clearly felt God's presence? How did that experience draw you closer to Him?
2. **Sour:** Think of a disappointment, frustration, or difficult season. Where did you see God working in that experience?
3. **Spicy:** When has something unexpected or unplanned happened in your life? Looking back, can you see God's presence, guidance, or invitation to trust Him?
4. **Your Season:** As you look at your life right now, which "flavor," sweet, sour, or spicy, best describes your season? Where might God be showing up in the midst of it?



Let's Cheers



TO SAINTHOOD

WITH THE
SWEET, SOUR
AND
SPICY MOMENTS
OF LIFE



Practical Application

Daily Examen

1. **Be aware of God's presence:** Quiet your mind and remember that God is with you right now.
2. **Review the day with gratitude:** Give thanks for the small and large gifts of the day.
3. **Pay attention to your emotions:** Notice what you felt today and look for where God was active or where you felt distant from Him.
4. **Choose one feature and pray from it:** Pick a specific moment, emotion, or interaction from today and talk to God about it.
5. **Look toward tomorrow:** Ask God for His grace, wisdom, and protection as you prepare for the coming day.