

# Young at Heart

*Young at Heart is a ministry for seniors who gather monthly to provide spiritual growth, fellowship, recreation, and support of each other.*

## Newsletter NOVEMBER 2026

### GATHER IN GRATITUDE DINNER Peg Stewart

It's time for turkey and dressing (gobble gobble) which also signifies our Thanksgiving holiday. This is the month of gratitude and also thanks where we honor all our veterans. We will be recognizing those valiant men and women who served our country. Whether they were drafted or enlisted, they are all heroes. Many of them fought in wars; some gave the ultimate sacrifice and those who returned are still haunted by that experience.

Our dinner will be **Thursday, November 19th**, in the **Spirit Center at 6:00 PM**. The main dish will be turkey and mashed potatoes. We ask that you bring food to feed eight, sliced if needed and ready to serve.

**A-K** bring a side dish

**L-Z** bring a salad

We will provide pumpkin pie for dessert. Our entertainment will be Thornton Strings & Things, a group from the Active Adult Center in Thornton. They performed for us last year and our own Mike Passarelli is a member. Their group includes guitarists, keyboardists, saxophone, violinists, drums and vocalists. They have agreed to come back (lucky for us!) and they have a program which honors veterans and the armed forces. I am grateful for their love of music and fellowship and willingness to share the evening with us. I hope you can join us!



Veterans Attending: Please wear your uniform (if still possible!) or a hat or bring anything else from your time of service. In recognition, we hope to take a photo of all of you together.

### THE BOARD SEZ Erlinda Moscoso 303-422-2065

Every year, the majestic tree across the street from my house would burst into different colors, depending on the season! In the summer, lush, green leaves would cover every limb. Fall would shimmer with orange, yellow, brown, gold and red leaves. When it snowed, the branches would glitter with magical frost! When I opened my front door, I enjoyed every season.

Yesterday, the great tree was sawed down because it was slowly dying without any hope of repairing itself. The tree had lived many years, giving the neighborhood a pleasure of its beauty. Now, all that is left is a large stump. It reminded me that everything eventually comes to an end, regardless of what or who it is. Everything happens in God's time!

I recalled the Bible reading in Ecclesiastes 3:1 which begins with "There is an appointed time for everything and a time for every affair under the heaven." Looking on the Internet I found, "God's timing is perfect, He has set a season for every activity and nothing happens outside His divine plan."

The tree that we all enjoyed is gone, having completed its mission on earth. The stump reminds us of what it had once been. Nothing lasts forever!



#### New Members:

Trish and Gilbert Gagnon  
Sharon and Bill Parker  
Kathleen Schroeder



## First Friday Breakfast

**Joyce Antonucci 303-466-2889**  
**Lou Hill 303-426-1703**

Our First Friday Breakfast will be on **November 6**, upstairs in the **Spirit Center East**, after the **9:00 Mass**. Please join us for good food and fellowship! Donations are very welcome! Hope to see you there!



## Book Club

**Betsy Schuster 360-813-5143**

The YAH Book Club will meet on **Tuesday, November 10 at 1:00 PM** in the **Saints Peter & Paul Room 103-104**, downstairs at **SOC**. The book is "Dear Edward" by Ann Napolitano. Twelve-year-old Edward is the lone survivor of a plane crash who struggles to find his place in the world without his family. He comes to see the transformative power of kindness and realizes that even a broken heart is capable of love.



**Susan Hay 303-423-8023**

We will meet on Monday, **November 2**, at **10:00 AM** in the **Cana Room**. The people we visit love a break in their day. If you know of any member or parishioner who is a shut-in or someone who would just like someone to talk to, please let me know.



**Helen Contreras 303-424-2876**

We will meet on **November 17**, in the **St. Francis Cabrini Room**, at **11:30 AM**. Our Christmas-season craft will be an object of beauty for the Caring Hearts group to share during their visits. Everyone is welcome to join us for fellowship and creativity as we craft together.



## Calling Committee

**Lwana Elder 303-420-0195**

We sincerely appreciate your quick response to any voicemails from YAH. We really need your "YES" or NO" for planning events. Please consider adding your caller's name and number to your contact lists so you know it is from your YAH caller. Have a Blessed Fall Ya All!



## Kitchen

**Thelma Lucci 720-320-4830**  
**Susan Hay 303-423-8023**

Our change to doing food service with 4 lines worked well! The setup crew did a great job and I had extra help for a little while from members that just volunteered when there to help. This helps with getting tables cleaned, etc. Thank you all!



**Erlinda Moscoso 303-422-2065**

The casino bus will be going to the Horse Palace Casino in Cheyenne, Wyoming on **Wednesday, November 11**. We leave at **9:00 AM** from the SOC parking lot and return around 5:30. Call me to reserve a seat and I will sign you up. Also, remember to check in with me when you arrive for your seat.



**Judy Matthews 720-369-1192**

Young at Heart Card and Games will not be held in November or December because of the traditional Thanksgiving holiday and Christmas closures. See you all again in January.



## Arvada Center

**Marsha Edwards 620-874-0670**

Join us for the musical "Joseph and the Amazing Technicolor Dreamcoat" on **Sunday, December 20 at 1:00 PM** at the Arvada Center. Tickets are \$46.00 each. Payment is due November 17th. Contact Marsha Edwards at 620-874-0670 for tickets.



## Decorating Committee

**Suzanne Barker 720-366-2231**

The decorating committee will meet on **Tuesday, November 3 at 1:00 PM**. We will gather in the St. John XXIII room that is downstairs. The theme is "Everyone is Welcome." Please join us with your ideas.



# November 2026

| SUNDAY | MONDAY                                                    | TUESDAY                                                                                                                                 | WEDNESDAY                                                                             | THURSDAY                                                                                   | FRIDAY                                                                                          | SATURDAY |
|--------|-----------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------|----------|
| 1      | 2<br><b>Caring Hearts</b><br><b>10:00 AM</b><br>Cana Room | 3<br><b>Decorating Committee</b><br><b>1:00 PM</b><br>John XXIII Room                                                                   | 4                                                                                     | 5<br><b>Board Meeting</b><br><b>10:00 AM</b><br>Mother Theresa Room                        | 6<br><b>First Friday Breakfast</b><br><b>after 9:00 AM</b><br><b>Mass in Spirit Center East</b> | 7        |
| 8      | 9                                                         | 10<br><b>Book Club</b><br><b>1:00 PM</b><br>Saints Peter & Paul Rooms downstairs                                                        | 11<br><b>Horse Palace Casino Bus to Cheyenne, WY</b><br><b>9:00 AM</b><br>Leaving SOC | 12                                                                                         | 13                                                                                              | 14       |
| 15     | 16                                                        | 17 <b>Crafts for a Cause 11:30 AM</b><br>St. Francis Cabrini Rm <b>AND Money due for Joseph &amp; the Amazing Technicolor Dreamcoat</b> | 18                                                                                    | 19<br><b>Gather in Gratitude Dinner</b><br><b>6:00 PM</b><br>Spirit Center                 | 20                                                                                              | 21       |
| 22     | 23                                                        | 24                                                                                                                                      | 25                                                                                    | 26<br> | 24                                                                                              | 28       |
| 29     | 30                                                        |                                                                                                                                         |    |                                                                                            | <b>Cards &amp; Games</b><br>– None in November due to Thanksgiving                              |          |



|                                                                                                                 |                                                                                                                       |                                                                                                                   |                                                                                                                        |
|-----------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------|
| 1 Nancy Flood<br>2 Dale Williams<br>2 Frank Cunningham<br>3 Anne Doran<br>5 Becky Diaz<br>6 D. Suzanne Fountain | 7 Darlene Padilla<br>7 Pauline LaBine<br>10 Gary Elder<br>10 Lynn Leventhal<br>12 Cheryl Altepeter<br>13 Beverly Avis | 13 Ursula Stephens<br>14 James Schauf<br>15 Dottie McDonald<br>16 Joe Focer<br>17 Jane Reish<br>20 L. Irene Green | 21 Cathy McDowell<br>23 Beth Hedberg<br>28 Janean Hart<br>28 Jerry Flammang<br>28 Mike Whitfield<br>29 Martha Gagliano |
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YAH ADDRESS SERVICE REQUESTED

If you know of any of our members who have died or are ill, please contact me. Cards were sent to:

**Sympathy:**

Charlotte & Will Lucero  
Duane Knight Family



**Aggie Holcomb**  
**303-421-2700**

**Get Well:**

Marie Wagner  
George Green  
Mary Stansbery

**Board Leaders:**

**President** – Marsha Edwards – 620-874-0670

**VP** - Erlinda Moscoso - 303-422-2065

**Secretary** - Jan Drajem 303-653-5202

**Treasurer** - Bonnie McAninch - 303-428-6422

**Refreshment Coordinators –**

George & Marge Niquette

**Greeters** - Helen Felski

**Newsletter** - Donna Flanagan

**Long Distance Trip Chairperson – Needed!**